



HÖGSBY  
KOMMUN



# HÖGSBY



THE FISHING COMMUNITY IN THE HEART OF SMÅLAND



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## Discover the best of Högsby Municipality!

The area's magnificent nature, with deep forests and many unspoilt lakes, offers a variety of recreational opportunities. Here, you will find nature reserves, places to swim and fishing waters. In addition, there are many excellent options for hiking and cycling, with exercise opportunities and outdoor activities available throughout the year, often organised by local community groups.

**Visit our website and follow us on  
Facebook and Instagram for additional  
tips and more information:**



Upplev Högsby/Experience Högsby  
Högsby kommun/Högsby Municipality

[www.hogsby.se](http://www.hogsby.se)

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*Enterprising spirit in  
an innovative rural area!*



# The fish are biting!

Fish year round in glittering lakes and winding streams – surrounded by deep forests and tranquil nature.

In Högsby, you will find exceptional fishing opportunities. The Emån River, one of Sweden's best-known fishing waters, flows through the area and is loved by both anglers and nature lovers. The peaceful clear lakes offer year-round fishing, surrounded by tranquil forests and wilderness. Hike along the shorelines and streams, follow nature's rhythm and feel the tranquil forest envelop you. This is the place to find adventure and relaxation, side by side.

Whether you are a complete beginner or an experienced angler, we will help you get the most out of your time in nature and give you tips on the best fishing waters in Högsby Municipality.

Let the  
adventure begin!

## Tip!

Visit iFiske for more information and to buy fishing permits.

[www.ifiske.se](http://www.ifiske.se)

# Enjoy nature responsibly

Sweden offers a unique opportunity to enjoy nature thanks to the right of public access.

The right of public access entitles you to move freely in forests and fields, as long as you show consideration and do not cause damage. The right of public access allows you to hike, pick berries and mushrooms, or pitch a tent and spend the night almost anywhere. It applies to everyone, whether you are an experienced hiker or prefer a casual walk in trainers. So, you can thank nature for front-row sunset seats, the taste of autumn bilberries and the chance to breathe forest air with lunch.

*Regardless of the activity nature is always beneficial!*

## The right of public access entails both rights and obligations

### Among other rights, you are permitted to:

- Camp for one night in a suitable location.
- Pick berries, mushrooms and flowers.
- Swim in lakes and streams.

### But you are not permitted to:

- Enter anyone's garden.
- Break branches or collect firewood.
- Fish without a licence or fishing permit.

### Remember:

DO NOT DISTURB; DO NOT DESTROY!

This is the basis of the right of public access.

## How can I find out about the fishing regulations that apply?

1. Search for fishing permits and the lake name via [iFiske.se](http://iFiske.se).
2. Check with the local fishing conservation organisation (FVO).
3. Signposts by the lake may also provide information about current regulations.

## What are the consequences for not following the regulations?

**Fishing without a permit or breaking fishing regulations can lead to:**

- A fine.
- Confiscation of equipment.
- A police report, in some cases.

Read more about the right of public access online:

[naturvardsverket.se/allemansratten](http://naturvardsverket.se/allemansratten)



# Caring fishing regulations

Fishing in Sweden's lakes is a popular nature activity, but it is important to follow any regulations that are in place to preserve fish stocks and the balance of nature. Fishing regulations are in place to protect both fish and the environment. By fishing with care, you are contributing to sustainable fishing that future generations can also enjoy.

## General information on fishing regulations in inland waters

Unlike coastal and certain mountain waters, the right of public access does not apply to inland fishing waters. This means, among other things, that a fishing permit is required to fish in most inland waters.

### There may be regulations in place concerning:

- Which species you are allowed to fish
- How many fish you are allowed to catch
- The minimum and maximum size of fish you are allowed to catch
- The type of equipment you are permitted to use (e.g. for angling, spinning, net fishing)

## Different regulations may apply for different inland waters

### Examples:

- Net fishing is prohibited in certain lakes.
- In certain lakes it is prohibited to fish with more than one rod per person.
- Catch and release may be mandatory for certain species.

### Check in detail!

[sportfiskarna.se](http://sportfiskarna.se)  
[svenskafiskeregler.se](http://svenskafiskeregler.se)  
[lansstyrelsen.se/kalmar](http://lansstyrelsen.se/kalmar)



PHOTO: Jens Gustafsson

*A winding river  
or a tranquil lake?*

## Högsby Municipality's fishing conservation areas

Here you will find fishing waters for anglers seeking the challenge of the perfect catch as well as hobbyists who want a peaceful and relaxing experience in nature. In this guide, we provide an overview of our fishing conservation areas. The website provides more detailed descriptions of the lakes and the fish found in our waters.

*See the next page for a description of the various fishing conservation areas with reference to the numbers on the map.*





You can buy  
fishing permits and find  
everything you need to  
know about our lakes and  
fishing conservation areas  
on iFiske.

[www.ifiske.se](http://www.ifiske.se)

# Högsby Municipality's fishing conservation areas

## 1. Abodaortens FVO

The Abodaortens FVO covers fishing in Lake Bjärssjön, Lake Kleven, Lake Kvillen, Lake Mörtesjön and part of the River Badebodaån. The area is located south of Högsby, near the Aboda Klint nature reserve, a mountain that rises 50 metres above the surrounding area and plunges vertically into Lake Kleven. The area is wilderness-like, with few buildings, and is a perfect place to disconnect from the stress of everyday life and enjoy the moment, preferably with a fishing rod in hand. The part of the River Badebodaån covered by the Abodaortens FVO stretches from the upstream of River Porsemaden to just south of Lake Bjärssjön.

**Examples of fish species in the area:** pike, perch, roach, bream, rudd, common bleak and ruffe.

## 2. Allgunnens FVO

Lake Allgunnen, with its 1,310 hectares, is the second largest lake in Kalmar County, located about 13 km south of Högsby in the scenic Allgunnen area. It is a distinct wilderness lake, known for its excellent pike and zander fishing, surrounded by coniferous forest and virtually no buildings. The lake is moderately deep, lobated and rich in islands. The lakebed consists mainly of stones and boulders. Lake Allgunnen is a nutrient-poor lake with scarce vegetation, consisting mainly of sparse stands of reeds, rushes, water lilies and pondweed.

**Examples of fish species in the area:** pike, perch, zander, roach, bream, silver bream, rudd, common bleak, tench, ide, vendace and burbot.

## 3. Badebodaåns FVO

Starting west of Grönskåra, this fishing conservation area is comprised of the River Badebodaån, Lake Kvarnsjön and several other lakes. For paddling enthusiasts, the area offers large stretches to explore. Starting in Lake Kvarnsjön, you can easily navigate through

the closely linked Boasjön, Öasjön and Yttran lakes. The area also encompasses the Grytsjön, Sävsjön and Skiresjö lakes, outside the main channel of the River Badebodaån. The lakes in the area are generally nutrient-poor and surrounded by coniferous forest. The sparse buildings give the area a wilderness feel as you paddle downstream.

**Examples of fish species in the area:** pike, perch, zander, roach, tench, bream, common bleak and burbot.

## 4. Handbörds FVO

The River Emån is a prime fishing water for a number of species, including perch, bream, tench and roach. In the rapids, there are also opportunities to catch grayling by fishing with floating bread. Spin fishing for River Emån's large pike is another exciting challenge. The area stretches from Högsby power station up to the municipal border with Hultsfred. The riverbed is dominated by soft bottoms, except in the rapids, where it is comprised of stones and boulders. The surrounding environment along the River Emån consists mainly of fields and meadows with sparse groups of deciduous trees in places.

**Examples of fish species in the area:** pike, perch, trout, roach, bream, silver bream, rudd, tench, dace and common bleak.

## 5. Högsby and Emådalens FVO

The Emån River flows through fertile agricultural land with a rich cultural history and beautiful views of the Småland countryside. The river is very popular among anglers and offers opportunities to catch large pike, tench, bream and roach. In the centre of Högsby, there are good fishing spots that are easily accessible, as well as disabled-friendly fishing jetties. The lower section of the River Emån stretches from the municipal border with Mönsterås up to the power station in Högsby. The section of river covered by the fishing conservation area is approximately 11 km long with a mostly calm flow. Salmon and

**PLEASE NOTE!** Catfish are a protected species and it is therefore prohibited to fish for catfish in the River Emån. Any catfish caught must always be released back into the river.

sea trout can be caught from time to time, although relatively few fish from these species make it this far up the river system.

**Examples of fish species in the area:** salmon, trout, perch, pike, roach, bream, silver bream, rudd, tench, dace, ide and common bleak.

## 6. Kiasjön FVO

River Bådebodaån connects this fishing conservation area, which permits fishing in a number of lakes in the system as well the river itself. This means that there is plenty of water to explore, including Lake Kiasjön, which is known for good zander fishing. Zander can also be found throughout the system, including in the river. In Lake Kiasjön, perch weighing about half a kilo are common, and large pike are sometimes caught too.

**Examples of fish species in the area:** pike, perch, zander, roach, bream, rudd, common bleak, tench and ruffe.

## 7. Sinnersjöarnas FVO

The fishing conservation area allows fishing in the Stora Sinnern and Lilla Sinnern lakes. Stora Sinnern is a 230-hectare, nutrient-poor lake located about 8 km south of Högsby. Stora Sinnern is surrounded by coniferous forest. Very little of the land surrounding the lake has been developed, so after a while, fishing in the area imparts a sense of unspoilt wilderness. Large pike weighing up to 10 kg can be found in the lake. The lake is deep, down to a maximum depth of 25.5 metres with an average depth of 10.5 metres, and has a varied soft, rocky and bouldery lakebed.

**Examples of fish species in the area:** perch, pike, zander, roach, bream, silver bream, rudd, common bleak, tench, ide, vendace and burbot.

## 8. Tämmens FVO

The best time for pike fishing in Lake Tämmen is between May and mid-June. After that, pike can be quite difficult to catch. There is good fishing for perch, roach, bream and tench

through the summer half of the year. The lake is shallow near the villages of Djuphult, Stenbrohult and Grönskåra, with an average depth of 1.5-2 metres and a muddy lakebed. The area bordering Tämshult and Flathult is considerably deeper, down to 8 metres. The fishing conservation organisation introduced additional stocks of zander in 2005, but the results of these releases are still unclear.

**Examples of fish species in the area:** perch, pike, roach, bream, tench, rudd and ide.

## 9. Välen FVO

Lake Välen is a nutrient-poor, clear-water lake covering 266 hectares; it is deep, lobated and rich in islands. The lake, located just northwest of Fagerhult, is home to a strong pike population, with fish weighing between 3 and 5 kilograms being common. Lake Välen also has potential for larger fish, with specimens weighing up to 15 kilograms having been caught. As usual, patience, skill and a good dose of luck are required to catch the larger fish. The perch population has developed very favourably in recent years and specimens weighing between 0.7 and 1 kg are commonly caught. Additional stocks of 1 kg zander are introduced approximately every three years. Lake Välen is surrounded mainly by coniferous forest, but there are also elements of deciduous forest and pastureland on the north-western side of the lake.

**Examples of fish species in the area:** perch, pike, zander, roach, common bleak, burbot and tench.

## 10. Älmten and Broasjöns FVO

The fishing conservation area covers Lake Älmten and Lake Broasjön, two relatively small and shallow lakes. Lake Älmten, which is the larger of the two at 55 hectares, has a rich population of pike and relatively large tench. The lakes are located east of Fagerhult.

**Examples of fish species in the area:** perch, pike, roach, common bleak, tench, ruffe, burbot and rudd.

# Get directions The easy way!

Here are some links to websites with key details and practical information for your fishing adventure.

## **Fishing permits, boat hire and boat ramps**

At iFiske, you can easily purchase fishing permits and find all the information you need about boat ramps, boat rentals and current fishing areas.

[www.ifiske.se](http://www.ifiske.se)

## **Pitches, camping, cottages and rooms**

Högsby Municipality offers a number of options for nature-based accommodation. Pitches, campsites, cottages and rooms are available – always close to lakes, forests and tranquillity. Visit the municipality's website or iFiske for more information and contact details.

[www.hogsby.se](http://www.hogsby.se) [www.ifiske.se](http://www.ifiske.se)

## **Life jackets**

For your safety, please wear a life jacket. The tourist information office in Högsby offers life jackets for loan.

[www.svenskalivraddningssallskapet.se](http://www.svenskalivraddningssallskapet.se)

[www.hogsby.se](http://www.hogsby.se)

## **Weather and wind**

Don't let the weather catch you off guard. Stay up to date and pack right.

[www.smhi.se](http://www.smhi.se)



The municipality's website contains information about accommodation and other useful information.

[www.hogsby.se](http://www.hogsby.se)



At iFiske, you can find almost anything you need to know before your fishing trip.

[www.ifiske.se](http://www.ifiske.se)

*Food tastes  
best in nature!*

## **Stay informed!**

Read more about the fire ban on the Högsby Municipality website and via the County Administrative Board Kalmar County!

Is there anything better than enjoying  
and preparing food in the great outdoors?  
We doubt it!

## Flame-grilled fish in foil parcels

### Ingredients:

- Fish fillet, for example perch, zander or charr, works with almost all varieties of white fish
- A slice of lemon
- A knob of butter or a little olive oil
- Salt and pepper
- Fresh herbs, such as dill, parsley or thyme (optional)
- Vegetables, such as sliced courgette, tomato or onion (optional)

### To prepare:

1. Lay out a large piece of aluminium foil.
  2. Place the fish fillet in the middle of the foil.
  3. Season with salt and pepper.
  4. Add a knob of butter or drizzle with a little olive oil.
  5. Top with a slice of lemon and some fresh herbs.
  6. Optionally, place sliced vegetables around the fish.
  7. Fold the foil into a tight parcel.
  8. Place the parcel on the embers of your fire or over a low heat on the barbecue.
  9. Cook for approx. 10–15 minutes, depending on thickness, until the fish is cooked through and flakes easily with a fork. Carefully open the parcel; watch out for the hot steam (!!)
- and check that the fish is white and firm throughout.

### Tip!

Serve straight from the packet with a little bread, boiled potatoes or a fresh salad.  
Perfect with a dollop of lemon butter or a simple sauce made from crème fraîche and herbs.





# UPPLEV HÖGSBY

## Högsby Tourist Information

The tourist information office aims to provide visitors with the best possible service, and always strives for accessibility, both in person and online. Please contact us if you have any questions about our material, brochures or premises or if you would like to know more about the experiences and activities on offer in Högsby Municipality.

**Phone:** +46 (0)10-356 51 15

**E-mail:** [turism@hogsby.se](mailto:turism@hogsby.se)

*We are an authorised tourist information centre.*



### Högsby Tourist Information

Here you will find more information about us as well as up-to-date opening hours for the tourist office.



### Events calendar

Visit our events calendar for tips on activities and other events that are happening.

Follow us on  
social media for tips  
and inspiration:



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